



Stonegate C of E Primary School – RSHE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1/2 Cycle A – 2022/23	Who is special to us?	What does it mean to be British?	What can help us grow and stay healthy?	What is the same and different about us?	What can we do with money?	How can we keep safe?
Year 1/2 Cycle B – 2023/24	What makes a good friend?	What jobs do people do?	What helps us stay healthy?	What is bullying?	What helps us to stay safe?	How do we recognise our feelings?
Year 3/4 Cycle A – 2022/23	How do we treat each other with respect?	How is Britain diverse?	What keeps us safe?	How can we manage our feelings?	Why does money matter?	Why should we keep active and stay healthy? RSE
Year 3 / 4 Cycle B – 2023/24	What strengths, skills and interests do we have?	What jobs would we like, and why?	How can we manage risk in different places?	How can we be a good friend?	How can our choices make a difference to others and the environment?	Why should we eat well and look after our bodies? RSE FGM
Year 5/6 Cycle A – 2022/23	How do friendships change as we grow?	How can we celebrate diverse Britain?	How can we help in an accident or emergency?	How can friends communicate safely?	What decisions can people make with money?	How can we keep healthy as we grow? RSE FGM
Year 5/6 Cycle B – 2023/24	What does it mean to be part of a team?	Why should we plan for our future?	How can drugs common to everyday life affect health?	How can we manage feelings? LGBTQ+	How can we protect ourselves and the wider world?	What makes up our identity? RSE LGBTQ+